



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services
CNK-HS-0400

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KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE

ADMINISTRATIVE BOARD (KCASAAB)

RETREAT MEETING

April 5, 2012

KCASAAB Members Present: Linda Brown, Joan Clement, Pat Godfrey, Therese Grant, Mary Ann LaFazia, Ruvin Munden, Esther Osborne, Robyn Smith

KCASAAB Members Absent: Jim Benbow, Michael Elsner, Roger Goodman, Gina Grappone, Sarah Swenson, (all excused)

Guests Present: Kevin Kincaid, (potential board member)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Bryan Baird, Sharon Toquinto, Jim Vollendroff

Board Vice Chair Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 4:05 p.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 124.

I. Welcome and Introductions ~ Pat Godfrey

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was present.

II. Review / Approval of Minutes ~ Pat Godfrey

The January 5, 2012, February 2, 2012, and March 1, 2012 minutes were approved by consensus, no revisions.

III. Election of KCASAAB Board Officers ~ Pat Godfrey

Joan Clement motioned, simultaneously seconded by Linda Brown and Mary Ann LaFazia, to elect Pat Godfrey as the new board chair. The motion passed unanimously. The Nominations Committee will meet, following this meeting, to select new vice chair candidate(s).

Jim will follow up with Jim Benbow before the next meeting about possibly using Skype to attend future meetings. He will also follow up with Gina Grappone regarding staying on the board.

IV. 2011 Overview and Priorities for 2012 ~ *Jim Vollendroff* **Budget Update:**

Jim reported the legislature is still in session as of this meeting date and may go into yet another special session. The House democratic budget was released Wednesday, April 4, 2012, albeit it was not well received by the Senate Republicans. In addition, there is a lawsuit pending that could complicate the final days of the session. However, there is enough votes in the House to pass the budget before moving on to the Senate.

The new version of the budget includes:

- The \$188,000 reduction by limiting the number of assessments that an individual can receive each year;
- Long-term residential eliminated and dollars are transferred to outpatient treatment;
- Funds associated with I-1183 that would have brought in \$10 million has been permanently redirected; and

Regarding the current biennial budget, expenditures for Disability Lifeline (DL) and ADATSA programs are currently underutilized in King County – this is also a statewide problem. Jim sent an email to the state this week to identify how much funds may be left of the table in DL and ADATSA. The issues are related to the loss of the ADATSA stipend and changes at the CSO and less CSO referrals for DL services. King County still has until the end of June 2012 to spend this money. Jim will follow up on the possible flexibility of the stipend. We are currently working with the CSO to pilot, sighting CDPs at the CSO in an effort to increase referrals.

Grant Updates:

The highly successful Communities Putting Prevention to Work (CPPW) grant, \$167,000 over 20 months, has wrapped up. CPPW staff will be invited to a future board meeting to update the board.

The Adolescent Assertive Family Treatment (AAFT) 3 grant, \$300,000 year for 3 years, working with transitioned aged youth, targeting 18-24 year olds, is wrapping up its third year; also very successful. Carry over money will help sustain this grant for six months beyond the end of the grant, until September 2012. The county is also looking for ways to sustain this project. The agency associated with this grant is Central Youth and Family Services.

The AAFT-4 uses the same model as the AAFT-3 grant above, \$300,000 year for 3 years, but targets youth aged 13-18. This grant is currently in its second year also working with Center for Human Services.

The Recovery Oriented Systems of Care (ROSC) grant, \$400,000 year 3 years, working with Perinatal Treatment Services for pregnant and parenting women, and with Therese Grant as the program evaluator, is in its second year and is meeting all target numbers. Therese added that outcomes are being looked at and are looking very good. Jim said the ROSC is the direction the county is taking the treatment system, moving from an acute model care to chronic model care.

The Juvenile Drug Court Enhancement Project (JDCEP), \$325,000 year for 3 years, is working with partners at juvenile court to implement the two AAFT models, mentioned above, in the drug court program. This has been the most challenging grant due to low referrals coming into the program and the number of providers involved..

The following two grants are not county directed grants, but state directed grants where King County is a sub-recipient. These grants are:

The Screening, Brief Intervention and Referral to Treatment (SBIRT) grant works to place SBIRT protocols (a prevention model), in primary care clinic settings. This grant has also been challenging, working with six different community care clinics, electronic medical records, etc., but currently providing SBIRT in four clinics. Neighborcare has pulled out of the project. The county is now working with Swedish Hospital and in talks with Harborview Medical Center and University of Washington Hospital. This is an \$8.1 million grant where the state is the primary applicant; King County is a sub recipient.

The Access to Recovery (ATR) grant is helping transition the county system to a ROSC system. This helps individuals in treatment programs get housing and community support. The county is hoping to assist ADATSA clients with the ATR program, but dollars are significantly limited. This grant has been expanded to provide peer support services.

Other potential grants include:

Andrea LaFazia-Geraghty is currently working on a Second Chance grant application where this would work with individuals being discharged from jail and providing treatment.

Jim also plans to speak with the Four C's Coalition in Washington DC next week about potentially pursuing two mentoring grants through the Office of Juvenile Justice Delinquency and Prevention.

Presentation

Jim covered many topics and accomplishments including:
Medicaid expenditures, outstanding countywide outcomes; Federal, State, and County priority populations; TARGET statistical data for Detox to Treatment Admissions, outpatient data for assessment to treatment admission (for dependency and abuse), high outpatient retention, outpatient retention rates at 90 days, etc.

He also covered the 2012 goals MHCADSD will continue to focus on:

- Prevention redesign: An new award has been made to Navos.
- ROSC/Health Reform
- Adding Peer Support
- RFP 2014; planning to begin this year.
- Recovery Ordinance
- Increasing medication assisted treatment
- Looking to expand youth services in geographic areas not currently covered by the provider network. The MHCADSD has been in talks with Auburn Youth Resources about outpatient services in Federal Way and with Navos in West Seattle.
- OST Services: an eastside King County clinic is slated to open within 30 days (via Therapeutic Health Services). In the future, there are hopes of a south King County clinic. Nearly 400 clients are commuting to downtown Seattle to receive treatment from south King County. The area for the new clinic has yet to be identified.

V. Board Liaison Positions ~ *Jim Vollendroff*

The following is a list of current positions; updates are underlined or using strike-throughs:

- Nominations/Recruitment Committee – Joan Clement, Mary Ann LaFazia, Esther Osborne, and the Vice Chair
- Legislative and Public Affairs Advocacy Committee – Linda Brown, Joan Clement, ~~Pat Godfrey~~, Roger Goodman
- Mental Health Advisory Board (MHAB) – Linda Brown (primary), Joan Clement (backup)
- Mental Illness and Drug Dependency (MIDD) Oversight Committee – Linda Brown (primary), Pat Godfrey (backup)
- Adult Provider meeting – Esther Osborne (primary), Robyn Smith (backup)
- Youth Provider meeting – Esther Osborne (primary), Ruvin Munden (backup)
- WASBIRT Policy Steering Committee Liaison: Esther Osborne (primary), Mary Ann LaFazia (backup)
- Recovery Initiatives Liaison: Not yet assigned
- Prevention Subcommittee Liaison: Not yet assigned

The following is a new liaison position:

- RFP Processes: (Ad hoc group). Not yet assigned

This list will be reviewed again each year at the board retreat.

VI. Adjournment

There being no further business, the meeting was adjourned at 6:15 p.m.

Prepared by:
Bryan Baird
Recording Secretary

Attested by:
Pat Godfrey
Board Chair